

“Tae Kwon Do is a never ending quest for perfection. An art of developing the mind and the body to defeat your constant opponent... yourself.” ~ anon

Start YOUR Quest



**OPEN
ENROLLMENT
JOIN ANYTIME**

Monday & Thursday at 5PM in Bldg 163

For more information, contact joe.frakes@lmco.com or visit www.hanmookwan-svl.org

Club open to Lockheed Martin Employees, Retirees, and Dependents (age 14 and above)