



CLUB WAIVER OF LEGAL LIABILITY

Date: _____

Club Name: Han Moo Kwan Tae Kwon Do

Member Name: _____

Organization: _____ **Building:** _____ **Phone:** _____

I hereby agree to abide by the Rules and Regulations of the Han Moo Kwan Tae Kwon Do club and the regulations governing Lockheed Martin club activities and elect to be a member of said Club at my own risk. In consideration for being allowed to participate in the Club's activities, I do hereby release and discharge Health Fitness Corporation and Lockheed Martin Corporation from liability for any personal injury (including death) or property damage that may result from the Club's activities except to the extent that same is caused by the gross negligence or willful misconduct of either Health Fitness Corporation or Lockheed Martin Corporation.

Member Signature: _____

AGREEMENT OF PARTICIPATION

I understand that the Han Moo Kwan Tae Kwon Do martial art form is potentially dangerous and requires a substantial commitment to safety and control during practice.

The instructor agrees to provide training at a level appropriate for me, based on my skill set and experience.

As a student, I will stay within the bounds set by the instructor and follow their direction without challenge. In situations where I judge such direction exceeds my physical capabilities, I reserve the right to honor my body by stepping away from the training area.

I understand that I am encouraged to openly express my questions and observations as they are a valuable training tool to gain clarity. I will respect the limited class time by seeking personal guidance and raising non-subject material / issues directly with the instructor outside of class.

By participating in the training, I acknowledge the above guidelines and agree to abide by them.

Member Signature: _____